



# Physical Development : Fine Motor Skills

Selection of linked objectives and ideas for supporting child development	Early Learning Goals	Useful Resources
<p>Shows a preference for a dominant hand</p> <ul style="list-style-type: none"> <li>• Begins to use anticlockwise movement and retrace vertical lines</li> <li>• Begins to form recognisable letters independently</li> <li>• Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed</li> </ul>	<ul style="list-style-type: none"> <li>❑ Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases</li> </ul>	 
<p>Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor</p> <p>Provide a variety of activities to further refine fine motor skills – match activity to different levels of skill and confidence as the year progresses</p>	<ul style="list-style-type: none"> <li>❑ Use a range of small tools, including scissors, paint brushes and cutlery</li> <li>❑ Begin to show accuracy and care when drawing</li> </ul>	