

North Cerney C of E Primary School



PE  
Curriculum Statement

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## **1. INTENT**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.

It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness.

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

At North Cerney Primary our aim is to ensure all children enjoy and are engaged in Physical Education and Sport.

Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities.

We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential.

We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

### **Overview of Intent**

- Competence to excel in a broad range of physical activities
- Children who are physically active for sustained periods of time
- Engagement in competitive sports and activities
- Children to lead healthy, active lives

## **2. IMPLEMENTATION**

PE is an area of learning in its own right as well as integrated where possible with other curriculum areas. Pupils at North Cerney participate in weekly high quality PE and sporting activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons. It incorporates a variety of sports to ensure all children develop their confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

### **KS1**

Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics.

### **KS2**

In KS2, pupils continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions, as well as festivals, where children's successes in sports are celebrated.

### **Swimming**

Children throughout the school attend swimming lessons at the local swimming pool where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.

We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being for all pupils.

We also encourage active playtimes through the use of playground leaders, coaches and we started the Daily Mile initiative in 2017 to ensure that we are giving children at our school the best possible chance of achieving the recommended 60 minutes of physical activity each day.

**Overview of implementation:**

North Cerney children will:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active.

### **3. IMPACT**

At North Cerney Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Physical education teaches self-discipline and that to be successful you must work hard, show resilience and have the determination to believe that anything can be achieved. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport.